



# Yoga for Every-body

*In Manning with Olena Milostanova*

**When & Times::** Tuesday & Thursday Mornings 9:15-10:15 a.m. and  
Monday Evenings 5:30-6:30 p.m.

**Where:** Clarendon Community Center (Behind Weldon Auditorium)

**Class Card Special:** 4 classes for \$35 or 8 classes for \$65

**Drop in class:** \$10

Olena's intention is to help ever-body enjoy moving and being in their body. Everybody can do yoga, at every phase of life, age and ability.

For more information please contact Bridgett Epperson at the Clarendon Community Center 803-433-0103/ 803-473-3543. Please leave a detailed message and we will return your call as soon as possible.